Junior 2022-2023

- For recreational and competitive skaters young athletes interested in figure skating and learning to train at an accelerated rate.
- Coach approval required to register in this program. Skaters are expected to arrive on time for all aspects of their program and participate with effort and intention to improve.
- Coaches must be notified in advance if a skater is unable to attend their scheduled lesson.
- These athletes are ready to meet the additional challenges of private lessons, independent practice time, assessments, and regional competitions.
- See the "Equipment" page at ExtremeEdge.ca for what to bring for your classes.

Must skate at least 2 days per week; recommended 3-5 days per week:

- Off-Ice warm-up, physical literacy, jump technique, jump harness classes.
- On-Ice Group classes endurance training, skill development, creative expression, skill enhancing games.
- On-Ice Private and/or Semi-Private lessons. Billed separately by each coach.
- o If your child is interested in skating only once per week, please register in the Beginner Figure Skating Group class.
- Holidays and scheduled time off during the season are already factored into your monthly fees.

Junior Monthly fees from Sept to June (10 Months) payment processed on the 15th of each month:\$170.00 monthly (skate 2 days per week)\$220.00 monthly (skate up to 5 days/week)

Add-On Open Freeskate – must be purchased with a Junior monthly package, EESC members only:\$25.00 monthly (up to additional 2hrs per week)\$50.00 monthly (up to 5 additional hrs per week)

Skate Canada and Club Annual Membership fee (valid Sept-Aug) due upon initial registration:

Register before Sept 1 (Save!): \$135 Single Membership \$75 Family Membership, per skater Register after Aug 31 due date: \$185 Single Membership \$100 Family Membership, per skater

Volunteering Requirement: Sign-up for and work 2 shifts by March 20, 2023 or pay \$125.00

2 Fundraising Requirements:

Amount due before Dec 20, 2022 - \$175.00

Amount due before Mar 20, 2023 - \$175.00

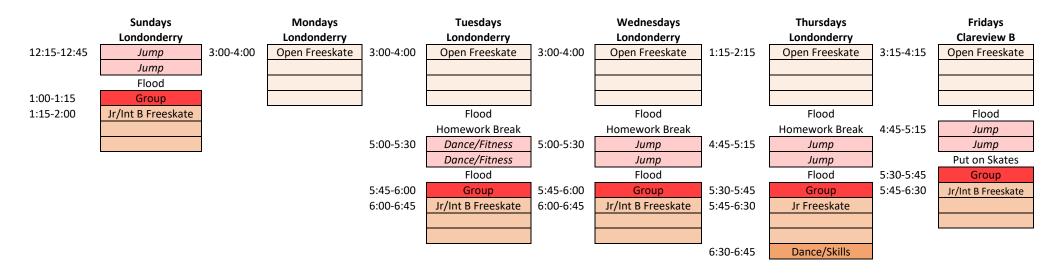
(Any additional amount you raise beyond the requirement will be stored for you in the Parent Fund Account. You can request to use those funds for program costs by contacting the fundraising coordinator.)

Register Online: ExtremeEdge.ca

Schedules: See next page



Junior Schedule Sept 6 – March 31, 2023 (Apr-Jun TBA)



Skaters are required to complete a mandatory 15 minute off-ice warm-up prior to putting their skates on and starting their 1st Freeskate session each day

Schedule subject to change

See "Mark your Calendar" section for important dates and schedule amendments.

